

Translated English of Chinese Standard: GB 16740-2014

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GB

NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA

GB 16740-2014

National Food Safety Standard - Health foods

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Foreword

This Standard replaced GB 16740-1997 *General Standard for Health (Functional) Foods*.

Compared with GB 16740-1997, this Standard mainly has the following changes:

- Standard name is changed into *National Food Safety Standard: Health foods*;
- Modify the scope;
- Modify the terms and definitions;
- Delete product classification;
- Delete basic principle;
- Modify technical requirements;
- Delete test method;
- Modify the requirements of label identification.

National Food Safety Standard: Health foods

1 Scope

This Standard is applicable to various kinds of health foods.

2 Terms and definitions

2.1 Health foods

The foods that are claimed to have specific health functions, or for the purpose of supplementing vitamins and minerals. That is, the foods that are applicable to specific groups of people to eat, can regulate the body functions, doesn't aim to cure diseases, and never generate any acute, sub-acute or chronic hazards to human body.

3 Technical requirements

3.1 Raw and auxiliary materials

Raw and auxiliary materials shall conform to the relevant provisions of corresponding food standard.

3.2 Sensory requirements

Sensory requirements shall conform to the provisions of Table 1.

Table 1 Sensory Requirements

Items	Requirements	Test Methods
Color and luster	Contents, coating or bag leather have the color and luster of this product	Take appropriate amount of specimen to place it into 50mL beaker or white porcelain dish, observe the color and luster under natural light. Smell its odor, wash mouth with warm water, and taste the product.
Taste and odor	Have this product's taste and order, no smell	
State	Contents have the due state of the product, no foreign matter visible by normal vision	

3.3 Physiochemical indicators

Physiochemical indicators shall conform to the provisions of national food safety standard against corresponding kinds of food.

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